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https://www.mitofit.org/index.php/Gnaiger_MitoFit_Preprint_Arch 2020.4

Editor MitoFit Preprint Archives: Erich Gnaiger

Keywords: Amount of substance, Avogadro constant, Concentration, Count, Density, Dimension, Elementary charge, Elementary entity, International System of Units, Mass, Number, Numeral, Unit, Volume, Quantity

Abbreviations: abstract unit u, amount of X nₓ Avogadro constant Nₓ, count of X Nₓ, elementary charge e, elementary entity Uₓ, elementary unit x, entity type X, international system of units SI, mass of a sample of X mₓ mass per elementary Mₓ, pure number N, elementary quantity linked to a count Qₓ, quantity expressed in abstract units Qₓ, volume of a sample of X Vₓ volume per elementary Vₓ

Summary
“The International System of Units, the SI, has been used around the world as the preferred system of units, the basic language for science, technology, industry and trade since it was established in 1960.” This statement heralds the 9th edition of the SI released on 2019-May-20. An new approach was introduced by defining the SI base units — and thus the abstract SI units in general — by their relation to fixed numerical values of fundamental constants of nature. Previous definitions of abstract units relied on a reference to concrete individual things realized as material artefacts, such as the International Prototype of the Kilogram (IPK). The (general) abstract unit ‘kilogram’ had to be calibrated in balance against an (individual) ‘entetic‘ unit defining “1 kg”, as a reference for the unit of mass and the mole [mol] as the unit of amount. Now the SI defines the mole as the fixed number of entities given by the Avogadro constant Nₓ. The elementary charge e is a fixed number of charges per proton. Amount and charge are thus in a fixed relation to the count of elementary entities Uₓ [x]. Count, amount, and charge are isomorphic elementary quantities. Amount and charge are linked to the count Nₓ = N·Uₓ with elementary unit x by fixed conversion constants Nₓ⁻¹ [mol·x⁻¹] and e [C·x⁻¹], respectively. The SI does not use the elementary unit x. This causes a number of formal inconsistencies as discussed in the present communication on Euclid’s unit, which is Uₓ, and Euclid’s number, which is a count Nₓ.
**Introduction**

Thinking quantitatively is not easy outside very simply perceived and commonly encountered instances in every-day life. The number of individual persons in a family or individual collaborators in a company is a count, expressed by most societies and in most (but not all) languages in the same abstract unit that is understood intuitively and does not need an international convention. In contrast, the mass of the earth is beyond our perception. The mass of the International Prototype of the Kilogram (IPK) may appear as abstract as the unit kilogram itself, despite the fact that the IPK is a real artefact, a single individual thing, which is Euclid’s definition of the unit. The International System of Units takes care of abstract units, which have their roots in real, material units, which are the defining realizations as artefacts or prototypes of a unit, such as the IPK. Some abstract units are far removed from our perception, such as the joule. There are scientists, who think of units of temperature as Celsius [°C] in the lab, but Fahrenheit [°F] at home. Several scientific journals recommend to report data in SI units, but in the same journals we find respiration reported in time units of minutes [min], energy in units of calories [cal], and respiration as volume instead of molar amount of oxygen. This disconnects us from grasping quantitative terms — or do you have a quick recognition of the meaning 168.3 dozens of years? In 2020 we still cannot convince authors and journals to consistently use SI units.

A problem is encountered in the International System of Units on the quantity 'count'. This accounts for substantial difficulties in general. How consistent are we in the formal use of the basic terms 'count' and 'number'? Can we refer to quickly recognizable disambiguous terms for quantities normalized for a count, such as mass, volume, or rate per count? In a position statement on quantitative 'Mitochondrial physiology', we did not follow SI guidelines on units of the quantity 'count', and had to find new ways for distinguishing the mass or volume of cells or organisms, versus mass or volume per single individual cell or organism (Gnaiger et al 2020). Whereas ad-hoc terms and symbols may be easily invented in a single publication or in practical language during a lecture, it is not easy to predict, if such invented terms are actually understood or properly decoded. Since even statisticians are quickly ready to present an apparently coherent story in view of few data (Kahneman 2011), I predict that misunderstandings of normalizations per count are the norm in some areas of the biomedical literature. Most importantly, in a general position statement, ad-hoc invented terms and symbols cannot be tolerated, but a consistent and coherent nomenclature is required with proper definitions. The difficulties may appear to be trivial, since counting and the unit linked to counting is not expected to present any significant problems. Counting is such a basic, fundamental, simple thing, deeply implemented in our common language. Did you realize the following terms used in this paragraph above: count, encounter, account? The fictitious 'Canonical reviewer's comments' on the probably most fundamental and formal publication in the scientific literature provides a better feeling than a theoretical treatise for a scientific readership to realize the actual problems and potential solutions offered in the publication BEC 2020.1. For the meaning of the term 'canonical' I refer to Hofstadter (1979). For the practical side of canonical pages, use numerical and canonical pages on opposite sides.

**Canonical reviewer's general comments**

This SI publication is one of the most significant scientific, interdisciplinary and transdisciplinary publications of the century. Too many teachers and editors resist to making it a highly influential publication with actual impact on scientific publication, and
"The former International Prototype of the Kilogram (IPK) is an artefact whose mass defined the SI unit of mass until the implementation of a revised definition of the kilogram on 20 May 2019. The unit of mass is disseminated throughout the world by comparisons with the IPK made indirectly through a hierarchical system of mass standards. Historically the IPK has been compared to its official copies at intervals of about 40 years, with the exception of the "extraordinary campaign" carried out in 2014, which was only 22 years after the preceding one. In the intervals in between, the working standards are used to disseminate the kilogram unit to the Member States by calibrations of their "national prototypes", which are intended to serve as national standards."

https://www.bipm.org/en/bipm/mass/ipk/

Count $N_X$ [x]

Count $N_X$ is the number $N$ of elementary entities of entity-type $X$. The single elementary entity $U_X$ is a countable object or event. $N_X$ is the number of objects of type $X$, whereas the term 'entity' and symbol $X$ are frequently used and understood in dual-message code indicating both (1) the entity-type $X$ and (2) a count of $N_X = 1 \times$ for a single elementary entity $U_X$. 'Count' is synonymous with 'number of entities' (number of particles such as molecules, or objects such as cells). Count is one of the most fundamental quantities in all areas of physics to biology, sociology, economy and philosophy, including all perspectives of the statics of countable objects to the dynamics of countable events. The term 'number of entities' can be used in short for 'number of elementary entities', since only elementary entities can be counted, and as long as it is clear from the context, that it is not the number of different entity types that are the object of the count.
thus contribute to the current communication crisis. This does not reflect any faults of the SI authors but a lack of governance to improve scientific communication, and the limitations of the non-SI readers trapped into the International System of Impact Factors rather than guided towards implementing the International System of Units. What is the numerical value and the practical meaning of the Impact Factor of this SI publication?

Quantity values being pure numbers (Section 5.4.7 Stating quantity values being pure numbers; p. 151):

"As discussed in Section 2.3.3, values of quantities with unit one, are expressed simply as numbers. The unit symbol 1 or unit name “one” are not explicitly shown. SI prefix symbols can neither be attached to the symbol 1 nor to the name “one”, therefore powers of 10 are used to express particularly large or small values."

What are — apart from ratios of quantities — these "quantities with unit one"?

**The quantity count**

Section 2.3.3 Dimensions of quantities: On p. 136, the quantity **count** is mentioned:

"All other quantities, with the exception of counts, are derived quantities, which may be written in terms of base quantities according to the equations of physics. There are also some quantities that cannot be described in terms of the seven base quantities of the SI, but have the nature of a count. Examples are a number of molecules, a number of cellular or biomolecular entities (for example copies of a particular nucleic acid sequence), or degeneracy in quantum mechanics. Counting quantities are also quantities with the associated unit one."

Importantly and surprisingly, a general definition of the quantity **count** is missing. This is particularly disconcerting, since it appears to ignore the specific emphasis placed on clarification on p. 137:

- "It is especially important to have a clear description of any quantity with unit one (see section 5.4.7) that is expressed as a ratio of quantities of the same kind (for example length ratios or amount fractions) or as a count (for example number of photons or decays)."
- In section 5.4.7 (p. 151): "Quantities relating to counting do not have this option {of being expressed with units (m/m, mol/mol)}, they are just numbers."
- On p. 140: "the SI unit of activity is becquerel, implying counts per second".

These phrases are the only places where count(s) and counting are mentioned in the SI document, besides 'counting fringes' (p. 207: ".. using an interferometer with a travelling microscope to measure the optical path difference as the fringes were counted") and p. 129.

**Unit of count**

On p. 129 a "quantity for counting entities" is given as $N_A$ times amount of substance.

"The Avogadro constant $N_A$ is a proportionality constant between the quantity amount of substance (with unit mole) and the quantity for counting entities (with unit one, symbol 1)."

A unit should not be a **number**, and the symbol for a unit should not be a **numeral**. In Resolution 1 (p. 189) a consensus is reached on the importance of "a redefinition of a number of units of the International System of Units (SI)".

The definition of **count** and redefinition of the **unit of count** remain an open task.
Euclid’s unit is the entetic unit: the single individual thing.

Euclid’s number is the count: the number of Euclidean units.

A number $N$ (or $n$) is a count $N_x [x]$ divided by the elementary entity $U_x [x]$. $X$ must represent the same entity in both occurrences. The elementary unit $[x]$ cancels in the division by simplification, such that numbers (for example, numbers 8 or 24) are abstracted from the counted entity $X$. 
Technical comments

Spelling

Since ‘small spelling variations occur in the language of the English speaking countries (for instance, "metre" and "meter", "litre" and "liter")’ (p. 124), a decision should be taken for consistent spelling in a document. The English text of the SI brochure follows the style "metre" and "litre". It is found that in the scientific literature the spelling style "meter" and "liter" prevails even in European journals. In the following quotes from the SI brochure (with reference to page numbers in the 9th edition), the spelling style is changed, which does not exert any influence on the meaning.

Quantity calculus (p. 148)

"Symbols for units are treated as mathematical entities. In expressing the value of a quantity as the product of a numerical value and a unit, both the numerical value and the unit may be treated by the ordinary rules of algebra. This procedure is described as the use of quantity calculus, or the algebra of quantities. For example, the equation \( p = 48 \text{ kPa} \) may equally be written as \( p/\text{kPa} = 48 \). It is common practice to write the quotient of a quantity and a unit in this way for a column heading in a table, so that the entries in the table are simply numbers."

Suggestion: \( p_{O2}/[\text{kPa}] = 18.6; S_{O2}/[\mu\text{mol}\cdot\text{kPa}^{-1}] = 9.72 \)

Without changing any of the above rules, it is useful to put units into brackets to designate the units specifically in quantity calculus.

No comment

Defining the unit of a quantity (p. 127)

"The value of a quantity is generally expressed as the product of a number and a unit. The unit is simply a particular example of the quantity concerned which is used as a reference, and the number is the ratio of the value of the quantity to the unit.

"For example, the speed of light in vacuum is a constant of nature, denoted by \( c \), whose value in SI units is given by the relation \( c = 299 792 458 \text{ m/s} \) where the numerical value is 299 792 458 and the unit is m/s.

"For a particular quantity different units may be used. For example, the value of the speed \( v \) of a particle may be expressed as \( v = 25 \text{ m/s} \) or \( v = 90 \text{ km/h} \), where meter per second and kilometer per hour are alternative units for the same value of the quantity speed.

"Before stating the result of a measurement, it is essential that the quantity being presented is adequately described. This may be simple, as in the case of the length of a particular steel rod, but can become more complex when higher accuracy is required and where additional parameters, such as temperature, need to be specified.

"When a measurement result of a quantity is reported, the estimated value of the measurand (the quantity to be measured), and the uncertainty associated with that value, are necessary. Both are expressed in the same unit."
But the pudding seen as a serving on a dish has been partitioned from a larger mass of pudding. The servings are partitioned according to an external concept of a serving unit, in contrast to an internal pattern of replicative items. After artificial partitioning and serving on plates of the entity type \( X \) = pudding, we can recognize the samples of pudding on the plates as countable entities. Then our sample is not a single big or small mass of pudding (such as the mass of pudding in the picture, which cannot be quantified in terms of countable parts), but the new and larger sample is the assembly of servings of partitioned pudding prepared for the entire \( X \)-mass party. In this sample the single individual — and hence countable — thing is defined as the single serving, without any reference to its parts. This type of sample consists of a number of servings, and the servings are the countable parts of the sample, the units of pudding served and enjoyed at the \( X \)-mass party. Talking about stone, units of stone (stones or puddings versus stone or pudding) are even harder to partition and to bite than \( X \)-mass pudding.

Entity \( X \)

Theoretically, everything can be counted with some uncertainty in the microscopic world of quantum physics. A sample of Christmas pudding can be counted in terms of atoms — theoretically. Practically, there are non-countable entities \( X \), such as a Christmas pudding. It does not have natural, recognizable individual parts that can be counted (except for the two spherical decorations on top of it).

Numbers cannot be seen, heard, touched, tasted, or smelled; they do not emit or reflect signals; they leave no traces. So what kind of things are they? These are the central philosophical questions about numbers. Plausible combinations of answers have proved elusive. — Marcus Giaquinto, in Kadosh 2015 Oxford Univ Press
Canonical comments

**Definition of the SI (p. 127)**

1. "As for any quantity, the value of a fundamental constant can be expressed as the product of a number and a unit."

2. "The definitions below specify the exact numerical value of each constant when its value is expressed in the corresponding SI unit. By fixing the exact numerical value the unit becomes defined, since the product of the numerical value and the unit has to equal the value of the constant, which is postulated to be invariant."

Comment: The terms 'number' and 'numerical value' are used as being equivalent in the two phrases above: (1) value of a fundamental constant = "product of a number and a unit"; (2) value of the constant = "product of the numerical value and the unit".

It should be considered to define: The value of a quantity \( Q \) (\( Q_x \) or \( Q_u \)) is the product of the numerical value of a number \( N \) and a unit \( u \). Symbols for quantities \( Q_x \) are, e.g., \( N_x \) and \( n_x \) for count and amount, respectively; symbols for quantities \( Q_u \) are, e.g., \( m \) and \( V \) for mass and volume, respectively. Do these symbols represent merely the quantity type? Interpret a formula such as \( m = 60 \, \text{kg} \): The symbol \( m \) represents the quantity 'mass', the numerical value of the number \( N \) is 60 (\( N = 60 \)), the unit is \( u_m = \text{kg} \), and the value of the quantity \( m \) is 60 kg. Just in case that these definitions appear to be acceptable, then it follows: quantity \( m \) = value of the quantity \( m \). The number \( N \) is not a quantity, since it has no units, and the numerical value of a number \( N \) is a pure number. \( N \) is the symbol for any number, and 60 is the numeral for the number with numerical value of 60 = 6⋅10.

"The seven constants are chosen in such a way that any unit of the SI can be written either through a defining constant itself or through products or quotients of defining constants.

The International System of Units, the SI, is the system of units in which

- the unperturbed ground state hyperfine transition frequency of the caesium 133 atom \( \Delta \nu_{\text{Cs}} \) is \( 9 \, 192 \, 631 \, 770 \, \text{Hz} \),
- the speed of light in vacuum \( c \) is \( 299 \, 792 \, 458 \, \text{m/s} \),
- the Planck constant \( h \) is \( 6.626 \, 070 \, 15 \times 10^{-34} \, \text{J} \, \text{s} \),
- the elementary charge \( e \) is \( 1.602 \, 176 \, 634 \times 10^{-19} \, \text{C} \),
- the Boltzmann constant \( k \) is \( 1.380 \, 649 \times 10^{-23} \, \text{J} \, \text{K}^{-1} \),
- the Avogadro constant \( N_A \) is \( 6.022 \, 140 \, 76 \times 10^{23} \, \text{mol}^{-1} \),
- the luminous efficacy of monochromatic radiation of frequency \( 540 \times 10^{12} \, \text{Hz} \), \( K_{\text{cd}} \), is \( 683 \, \text{lm/W} \),

where the hertz, joule, coulomb, lumen, and watt, with unit symbols Hz, J, C, lm, and W, respectively, are related to the units second, meter, kilogram, ampere, kelvin, mole, and candela, with unit symbols s, m, kg, A, K, mol, and cd, respectively, according to \( \text{Hz} = \text{x s}^{-1}, \text{J} = \text{kg m}^2 \text{s}^{-2}, \text{C} = \text{A s}, \text{lm} = \text{cd m}^2 \text{m}^{-2} = \text{cd sr}, \text{and W} = \text{kg m}^2 \text{s}^{-3} \).

The numerical values of the seven defining constants have no uncertainty."

**The nature of the seven defining constants (p. 129)**

"The Avogadro constant \( N_A \) is a proportionality constant between the quantity amount of substance (with unit mole) and the quantity for counting entities (with unit one, symbol 1)."
The Euclidean unit
\(U_X\) and items

Counting can begin only after defining the single individual thing (the Euclidean unit). Having defined the countable unit \(X\) as the Elementary entity \(U_X\) externally as step 1, the next step 2 is Sampling as the transfer into a counting system, followed by step 3 of Assembling into a counting list, and the last step 4 is Counting, starting with the first elementary entity in the counting list \((N_X = 1 \cdot U_X)\) and adding sequentially item after item. In this case, you should read **CASE** backwards. The term ‘item’ derives from the Latin word *item* meaning ‘also, moreover, likewise’, and the present meaning in English stems from adding identical objects after the first one into a list, item after item. Since there was no counting before counting begins (ESAC), the single individual thing has not yet been counted — \(U_X\) is entirely different from a count of one. And with a single individual \(X\)-mass pudding on the menu, there is no \(X\)-mass party on the counting table — in the counting table.
Comment: Comparing the terms 'quantity amount of substance (with unit mole)' and 'quantity for counting entities (with unit one, symbol 1)' raises several questions that lead to the following comments:

(1) For 'quantity for counting entities' the proper name should be given, comparable to amount. A proper name is count.

(2) The term 'quantity for counting entities' is ambiguous: Is it a quantity for counting? Is it a quantity for entities that are counting (entities such as counting machines, cell counters, ticket counters)?

(3) Unit one, symbol 1: This is a profound mixup of a numerical value or number 'one' (numeral 1) with a unit. There is an inconsistency compared to all other units in the SI, since the 'one' (numeral 1) could be added to any other SI unit (or not explicitly shown), e.g. volume per mass V/m with unit [m³]/[1 kg] instead of [m³]/[kg], compared to volume per count V/Nx with unit [m³]/[1 x] instead of [m³]/[x].

**Quantity symbols and unit symbols (p. 149)**

"Unit symbols must not be used to provide specific information about the quantity and should never be the sole source of information on the quantity. Units are never qualified by further information about the nature of the quantity; any extra information on the nature of the quantity should be attached to the quantity symbol and not to the unit symbol."

Comment: "Units are never qualified by further information about the nature of the quantity" — this generalization is valid only for units restricted to the class of abstract units $u$. Units $u$ are abstracted from the nature of the entity $X$ which is expressed as a quantity $Q_u$. In contrast, it is essential to qualify any Euclidean unit $U_X$ by $X$ as the defining 'single individual thing': the unit particle, the unit atom O, the unit O₂ molecule, the unit endothelial cell, the unit organism of type org, the unit event of type $X$.

The term "nature of the quantity" is ambiguous, with potentially dualistic meaning as (1) the nature of the quantity being mass, length, volume, amount of substance, etc.; or (2) the nature of entity $X$ of the quantity, meaning a volume of O₂ versus CO₂, a mass of pudding or stones, etc. Did SI intend the second interpretation, or both?

Quantity calculus can be complemented by providing specific information about the entity (e.g. entity O₂) separate from the unit symbol (not attached to the unit symbol), but subsequent to the unit symbol, e.g., [mol O₂] or [kJ·mol⁻¹ O₂], such that the entity-type is not presented in the place occupied by the unit symbol for division or multiplication, respectively.

**Writing and printing of unit symbols and of numbers — Resolution 7 (p. 162)**

"Roman (upright) type, in general lower-case, is used for symbols of units; if, however, the symbols are derived from proper names, capital roman type is used. These symbols are not followed by a full stop."
An ‘elementary entity’ is the real unit or Euclidean unit, which is tightly connected to a concrete object, to an individual thing (a single individual serving of pudding, a single block of stone, a single individual body). Thus the Euclidean unit is realized in the real world, and mentally realized as a formal quantity in a formal system of quantities and units, in the cognitive sequence of counting before counting can begin.

Formalization requires the creation of a symbol coherent with the system of symbols for quantities and units. The SI symbol $X$ for entity is not appropriate as the symbol for elementary entities, since not all entities $X$ are in fact countable. The symbol of a count of entities $X$ is $N_X$, which is absolutely inappropriate as the symbol for elementary entities, since the elementary entity has to be defined as a quantity before counting can begin. The elementary entity, therefore, is not a count $N_X$. The symbol $U_X$ is given to the quantity ‘elementary entity’ (or unit $X$; Gnaiger et al 2020), to emphasize the single thing, the real unit of specified entity type $X$. On the other hand, the abstract unit kilogram [kg] expresses the quantity mass $m$ of any kind of sample, in which the type of physical object does not even have to be known, because abstract units are detached from any real thing.

A kg of pudding is a kg, independent of the recipe and ingredients, and a kg of body mass is independent of composition in terms of carbohydrate, protein and fat. If you carry too much fat or too many stones in your pocket, you have a body mass excess, albeit with different meanings. All abstract units (“aunits”, e.g., kilogram, meter, liter, joule; with symbols kg, m, L, J) relate to anything that is measured as opposed to counting. In contrast, the Euclidean entetic unit (“eunit”) relates to a specific thing that can be counted — a countable entity. Comparable to all quantities that are expressed in abstract units (mass, height, volume, energy), the quantity ‘elementary entity’ $U_X$ as a real unit (unit $X$; eunit) is expressed in the abstract unit (aunit) with the name ‘elementary unit’ and symbol $x$. The meaning of this symbol $[x]$ is, that it has the numerical value of one, independent of the nature of $X$ that defines the elementary entity $U_X$. 

An elementary entity is an entity of type $X$, distinguished as a single unit of countable objects ($X = \text{molecules, cells, organisms, items}$) or events ($X = \text{beats, collisions, emissions, decays, celestial cycles, instances, occurrences, parties}$). An elementary entity needs to be distinguished from non-countable entities and the general class of entities $X$, as emphasized by the term ‘elementary’ (synonymous with ‘elementary entity’) with symbol $U_X$ and elementary unit $[x]$.

A number of defined elementaries $U_X$ is a count, $N_X = N \cdot U_X [x]$, where $N$ is a number, and as such $N$ is dimensionless. $N$ is a number (stop) and is not ‘a number of..’. Elementaries are added as items to a count. The elementary $U_X$ has the dimension $U$ of the count $N_X$. $U_X$ gives the count the defining ‘counting-unit’, which is the ‘elementary unit’ $[x]$. Count divided by elementary is a pure number, $N = N_X \cdot U_X^{-1}$. The unit $x$ of a count can neither be the entity $X$ nor a number. Since a count $N_X$ is the number of elementary entities, the elementary $U_X$ is not a count ($U_X$ is not identical with $N \cdot U_X$).
Comment: The SI symbol ‘1’ suggested for the unit of the quantity count, does not follow this SI procedure. A symbol for the unit of count is required, that is consistent with SI Resolution 7.

"In numbers, the comma (French practice) or the dot (British practice) is used only to separate the integral part of numbers from the decimal part. Numbers may be divided in groups of three in order to facilitate reading; neither dots nor commas are ever inserted in the spaces between groups."

Comment: In the last sentence above, there is a confusion between numbers, numerals (representing numbers, such as 4, 12, 5093.78, 6, in a specific numeral system), and digits (or characters, such as the ten characters in the decimal numeral system: 0, 1, 2, 3, 4, 5, 6, 7, 8, 9). When a large number is expressed by a numeral as a string of several symbols, the digits may be separated in groups of three ...

For comparison, IUPAC presents the same message in the following correct form: "To facilitate the reading of long numbers the digits may be grouped in threes about the decimal sign but no point or comma should be used except for the decimal sign."

**The historical development of the realization of SI units (p. 204)**

".. the masses of a silicon atom (averaged over the three isotopes used for the sphere) \( m_{Si} \), and the electron \( me \) .."

Comment: Defining entity \( X \) as Si, the SI symbol for the mass of a sample of Si is \( m_{Si} \). From a count \( N_{Si} \) of Si in the sample, the mass per silicon atom is \( m_{Si} \cdot N_{Si}^{-1} \). The same holds for the mass per any elementary entity of entity-type \( X \). For consistency, the general term 'mass of an entity' ("masses of a silicon atom .. and the electron") has to be replaced by the general term 'mass per elementary entity' as proposed by Gnaiger et al 2020 ("masses per silicon atom .. and per electron"). The symbol \( m_{Si} \) cannot be used for the expression \( m_{Si} \cdot N_{Si}^{-1} \). This elementary, formal inconsistency must be resolved in the SI to achieve coherence. Elementary mass per Si atom is \( M_{Si} = m_{Si} \cdot (N \cdot U_{Si})^{-1} \).

**Unit of amount of substance, mole (p. 209)**

"The quantity used by chemists to specify the amount of chemical elements or compounds is called "amount of substance". Amount of substance, symbol \( n \), is defined to be proportional to the number of specified elementary entities \( N \) in a sample, the proportionality constant being a universal constant which is the same for all entities. The proportionality constant is the reciprocal of the Avogadro constant \( N_{A} \) so that \( n = N / N_{A} \). The unit of amount of substance is called the mole, symbol mol. Following proposals by the IUPAP, IUPAC and ISO, the CIPM developed a definition of the mole in 1967 and confirmed it in 1969, by specifying that the molar mass of carbon 12 should be exactly 0.012 kg/mol. This allowed the amount of substance \( n_{S}(X) \) of any pure sample \( S \) of entity \( X \) to be determined directly from the mass of the sample \( m_{S} \) and the molar mass \( M(X) \) of entity \( X \), the molar mass being determined from its relative atomic mass \( A_{r} \) (atomic or molecular weight) without the need for a precise knowledge of the Avogadro constant, by using the relations \[
\frac{n_{S}(X)}{m_{S}} = \frac{1}{M(X)} \quad \text{and} \quad M(X) = A_{r}(X) \ g/mol
\]

Thus, this definition of the mole was dependent on the artefact definition of the kilogram.
Formats and meanings of numbers

1. Counting and notation types: (1.1) dice, (1.2) Roman numerals, (1.3) Mandarin-Chinese signs, (1.4) Arabic numerals, (1.5) English number-words. The dice format requires hardly any interpretation, since the signal for counting is given in a series of linear expansion; this works well up to $$\ldots$$, but does not work for 66 or 666. Similarly, Roman and Mandarin symbols from I to III do not need interpretation due to the signal for counting, but IV to VI is more complex in Roman and Mandarin notations by compression required for extension towards higher numbers. Interpretation of Arabic numerals and English words needs learning from beginning with 1 and one, since the formal relation to counting is abandoned in favor of reduction; these investments pay off in the long run — once Arabic numerals have been learned, these symbols can be recognized and distinguished most rapidly, be written most economically, and be extended to high numbers by combination in the decimal number system. English words are much less economical in writing, but they connect isomorphically the image of the written number-word with the acoustic form of the spoken number-word.

2. Cardinal counting and ordinal ranking of dice: There are 15 dice in the figure. Dice 1 to 5 are in row 1; dice 6 to 10 are in row 2; dice 11 to 15 are in row 3.
The numerical value of the Avogadro constant defined in this way was equal to the number of atoms in 12 grams of carbon 12. However, because of recent technological advances, this number is now known with such precision that a simpler and more universal definition of the mole has become possible, namely, by specifying exactly the number of entities in one mole of any substance, thus fixing the numerical value of the Avogadro constant. This has the effect that the new definition of the mole and the value of the Avogadro constant are no longer dependent on the definition of the kilogram.

Comment (1): Clarification is required to explain the difference between a number and a "number of specified elementary entities \( N \) in a sample". If symbol \( N \) is used to represent a 'number of specified elementary entities', then the same symbol \( N \) cannot be used to represent a 'number'. The term 'number' is used in defining the unit of a quantity (Section 2.1): "The value of a quantity is generally expressed as the product of a number and a unit." Distinguishable symbols should be used for "number of entities" \( N \) with elementary unit \([x]\) and dimensionless "number" \( N \) (without subscript; Gnaiger et al 2020). It might be appropriate, to use the lower case \( n \) for dimensionless number, but this is not practical, since it might be confused with the symbol \( n \) for amount, as in \( nX = N \times N \).

Comment (2): The terms entity and entities are used with two different meanings. Whereas these meanings can be more or less perfectly understood by decoding in context using practical language, this ambiguity should be avoided in a formal system of terminology: (i) In the context "amount of substance \( nS(X) \) of any pure sample \( S \) of entity \( X \)" and "molar mass \( M(X) \) of entity \( X \)", the term entity and symbol \( X \) are used with the meaning entity-type. (ii) If this interpretation in terms of specification of entity-type is taken rigorously, then the term "by specifying exactly the number of entities in one mole of any substance, thus fixing the numerical value of the Avogadro constant" must be understood as indicating, that in one mole of any such substance there are \( N \) different entity-types. The intention of this comment is not to suggest, that anybody should make such a non-sensical interpretation, but rather to point to the formal inconsistency of the terminological system. The SI lacks a distinction between the term entity-type \( X \) (which does not express any quantity) and the elementary entity \( UX \) (which is an ‘external’ elementary quantity that needs to be defined before counting can start with a count \( N \times 1 \)). With this clarification in mind, it then makes sense to use practical language: (i) "sample \( S \) of entity \( X \); (ii) "number of elementary entities" = count, \( N \times = N \times UX \) with elementary unit \([x]\) (Gnaiger et al 2020).

Comment (3): The symbols \( nS(X) \) and \( ms \) are well defined, such that the meaning of the message can be understood. There remains, however, the difficulty to understand the logic of selecting these symbols. The amount \( nS(X) \) [mol] of \( X \) can be calculated from the mass \( ms \) [g] of pure sample \( S \) and the molar mass \( M(X) \) [g·mol⁻¹] of entity \( X \) only, if there is a pure sample \( S \) of entity \( X \). Why then is this essential information not added to the symbol \( ms \), comparable to \( nS(X) \)?

Comment (4): If \( ms \) or \( mS(X) \) [g] is the symbol for the mass of a pure sample of entity \( X \), and \( nS(X) \) [mol] is the symbol for amount of substance of a pure sample \( S \) of entity \( X \), are these then equivalent to \( mx \) [g] and \( nx \) [mol], respectively, as the symbols for the mass and amount of entity \( X \)? Can a mass or amount be determined for an entity \( X \) that is not sampled? It may be clarified, that a quantity by definition can be measured (mass) or counted (amount) only in a defined sample of a defined entity \( X \). It should be noted that "defined entity \( X \)" may be something rather undefined: A number of trees can be sampled;
3. Nominal labelling: Dice of tye (1) are with single notation and positioned on the marging of the figure; (2) dice with single notation and positioned in the center of the figure; (3) dice with multiple notations and positioned on the margin of the figure; (4) dice with multiple notations and positioned in the center of the figure.

4. Number magnitude and space: Dice with different notation types have a numerical magnitude that increases with their position in space from left to right. This spatial association is less pronounced for Mandarin notation type.

5. Sex of numbers and numerical parity: Even numbers such as 6 are associated with female sex, and are likened more than odd numbers such as 3, which connote masculinity (Wilkie 2015 Front Psychol). Even odd and even numbers are gendered. Isn't it odd to be the odd man?

**Numbers — numerals — notations:** 1. Symbols for 1 to 6 on dice showing figures of dots (pips) as *cardinal* numerals for counting. Roman numerals have the same problem with the number 0 as a die. 2. Lines are shown for counting-numerals as iconic symbols I, II, and III, comparable to the dots on a die. 3. The Chinese Mandarin includes zero as a number 〇, and shows counting-numerals as lines comparable to the Roman iconic counting-numerals I, II, and III. 4. The Arabic number system adopted the zero from Asian Indian mathematicians. Cipher (German *Ziffer*) is rooted in the Arabic *sifr*, which stems from India for zero. The Arabic numeral 1 can be seen as an iconic symbol or counting-numeral comparable to the Roman I and Chinese —. 5. English number-words. 6. German number-words.
the mass of these trees can be measured; the number of trees (converted from count to amount) that are contained in the sample may or may not be known; the species of trees may be a pine or any other mixture of trees; the number of pinecones and needles may or may not be determined. In contrast to this potentially but not necessarily vague definition of entity \( X \), the sample must be well defined in the sense of being separated from the rest of the world for measuring or counting, otherwise a quantity does not make sense. Therefore, the symbols \( n_S(X) \) and \( m_S(X) \) do not make logical sense and should be replaced by \( n_X \) and \( m_X \).

Comment (5): The symbol \( M(X) \) is well defined to indicate the molar mass \( M(X) \, [\text{g} \cdot \text{mol}^{-1}] \) of entity \( X \), but there remains a problem with an extension to obtain a consistent system of symbols for other derived quantities, when mass is normalized not only for amount \([\text{g} \cdot \text{mol}^{-1}] \) but count \([\text{g} \cdot \text{x}^{-1}] \) and volume \([\text{g} \cdot \text{L}^{-1}] \) (or for the SI \([\text{kg} \cdot \text{m}^{-3}] \)). In different contexts there are \textit{ad hoc} practical symbols in use, but a formally consistent system of symbols does not exist, as shown in Table 1, comparing canonical and practical symbols for harmonization.

**Figures 1 and 2** compare elementary quantities that are stoichiometrically linked to counting of elementary entities with extensive quantities based on measurements of a pure sample. Count, amount, and charge depend on the definition of elementary entities, whereas measurements of extensive quantities are independent of information on discrete entetic units. Red-shaded terms and units are not implemented in the SI. Entity \( X \) is used strictly in the sense of \textit{entity-type} \( X \). In practical language, however, the entity-type \( X = \text{body} \) in the context of human bodies is understood as indicating the elementary entity in terms of a single individual body, linked to the perception, that body mass is measured routinely on a sample of a single individual.

Let a biomedical scientist measure the body mass of patients on the third floor. Here the meaning of \( X \) is definitely elementary, and body mass is "mass per body". Let the same biomedical scientist take blood samples from each patient, and move to the fourth floor for isolation of PBMC and platelets, taking a cell count, and measuring the cell mass. The meaning of \( X = \text{body} \) as perceived on the third floor (body mass \( M_UX = 60 \, \text{kg} \cdot \text{x}^{-1} \)) switches subconsciously upon arrival in the fourth floor for studying respiration of living cells and \( X = \text{ce} \), when cell mass is the mass measured in a sample containing a large number of cells (cell mass \( m_X = 6 \, \text{mg} \)). All this works practically and automatically very well even in a single person, as long as the quantities obtained on the patient’s blood cells (metabolic oxygen consumption per mass of cells) are not directly related to a quantity obtained on the individual patient (\( \text{VO}_{2\text{max/ce}} \), respiratory capacity per individual, or \( \text{VO}_{2\text{max/M}} \) per body mass).

**Canonical recommendation**

**The BIPM and the Meter Convention (p. 118)**

The 59 SI member states and 42 states and economies that were associates of the General Conference should consider to extend the number of 10 Consultative Committees, which presently cover:
Table 1. Count, amount, volume, mass normalized for count, amount, volume, mass. Canonical symbols adhere to a consistent formal rule, compared with practical symbols commonly used. It is not suggested to replace the practical by canonical symbols, but the canonical symbols help to decode the meaning of the quantities expressed by these symbols by showing their isomorphic form. For example, compare the Avogadro constant $N_A$ with molar mass $M(X)$ as canonical symbols $N_{nX}$ and $M_{nX}$ or the count concentration $C_X$ with the inverse of the molar volume $V_m(X)^{-1}$ as canonical symbols $N_{VX}$ and $n_{VX}$, respectively.

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Unit</th>
<th>Normalized for Unit</th>
<th>Canonical symbol Unit</th>
<th>Practical symbol</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>count $n_X$ x</td>
<td>count $N_X$ x</td>
<td>1 1</td>
<td>$N_{nX}$ $n_{nX}$ mol·x⁻¹</td>
<td>$N_A^{-1}$</td>
<td>1/Avgadro constant</td>
</tr>
<tr>
<td>amount $n_X$ mol</td>
<td>amount $n_X$ mol</td>
<td>1 1</td>
<td>$V_{nX}$ $V_{nX}$ m³·mol⁻¹</td>
<td>$V_m(X)$</td>
<td>molar volume (IUPAC)</td>
</tr>
<tr>
<td>volume $V_X$ m³</td>
<td>volume $V_X$ m³</td>
<td>1 1</td>
<td>$M_{nX}$ $m_{nX}$ kg·mol⁻¹</td>
<td>$M(X)$</td>
<td>molar mass</td>
</tr>
<tr>
<td>mass $m_X$ kg</td>
<td>mass $m_X$ kg</td>
<td>1 1</td>
<td>$N_{mX}$ $n_{mX}$ kg·x⁻¹</td>
<td>$M(X)^{-1}$</td>
<td>1/molar mass</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$n_{VX}$</td>
<td>molar volume (IUPAC)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>$m_{VX}$</td>
<td>specific volume (IUPAC)</td>
</tr>
</tbody>
</table>

* The term 'number concentration' is misleading and has to be replaced by 'count concentration' (see Number and count).
1. electricity and magnetism,
2. photometry and radiometry,
3. thermometry,
4. length,
5. time and frequency,
6. ionizing radiation,
7. units,
8. mass and related quantities,
9. amount of substance: metrology in chemistry and biology,
10. acoustics, ultrasound and vibration.

Insufficient care is taken to emphasize the fundamental role of the quantity count. A consistent symbol for the quantity count needs to be defined (Table 1). A unit and appropriate symbol for the unit of the quantity count needs to be implemented, such that a unit is not confused with a number, and a numeral is not used as a symbol for a unit (Table 2). To take these deficiencies into account, it is recommended to implement an 11th Consultative Committee on:

11. elementary entities and count.

Acknowledgments
I thank several team members of the Oroboros Ecosystem for stimulating discussions.

Funding
This project was carried out in the frame of COST Action CA15203 MitoEAGLE, supported by COST (European Cooperation in Science and Technology), and project NextGen-O2k which has received funding from the European Union’s Horizon 2020 research and innovation programme under grant agreement No. 859770.

Conflict of interest
Erich Gnaiger is founder and CEO of Oroboros Instruments, and chair of COST Action CA15203 MitoEAGLE.

References

This preprint is part of a volume in preparation: A X-mass Carol. Account of the elementaries of Body Mass Excess.
Figure 1. Elementary mass normalized for a count.

Figure 2. Elementary quantities stoichiometrically linked to counting of elementary entities (left) and extensive quantities based on measurements of a pure sample (right).
### Table 2. List of SI base quantities and units extended by elementary entity, count, and charge. Combining elementary quantities in a table of fundamental quantities.

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Symbol for quantity $Q$</th>
<th>Symbol for dimension</th>
<th>Name of SI unit</th>
<th>Symbol for SI unit $u_Q$ [*]</th>
</tr>
</thead>
<tbody>
<tr>
<td>length</td>
<td>$l$</td>
<td>$L$</td>
<td>meter</td>
<td>m</td>
</tr>
<tr>
<td>mass</td>
<td>$m$</td>
<td>$M$</td>
<td>kilogram</td>
<td>kg</td>
</tr>
<tr>
<td>time</td>
<td>$t$</td>
<td>$T$</td>
<td>second</td>
<td>s</td>
</tr>
<tr>
<td>electric current</td>
<td>$I$</td>
<td>$I$</td>
<td>ampere</td>
<td>A</td>
</tr>
<tr>
<td>thermodynamic temperature</td>
<td>$T$</td>
<td>$\Theta$</td>
<td>kelvin</td>
<td>K</td>
</tr>
<tr>
<td>elementary entity *§</td>
<td>$U_X$</td>
<td>$U$</td>
<td>elementary unit</td>
<td>x</td>
</tr>
<tr>
<td>count *§</td>
<td>$N_X = N \cdot U_X$</td>
<td>$X$</td>
<td>elementary unit</td>
<td>x</td>
</tr>
<tr>
<td>amount *§</td>
<td>$n_X = N_X \cdot N_A^{-1}$</td>
<td>$N$</td>
<td>mole</td>
<td>mol</td>
</tr>
<tr>
<td>charge *€</td>
<td>$Q_{el} = z_X \cdot e \cdot N_X$</td>
<td>$I \cdot T$</td>
<td>coulomb</td>
<td>$C = A \cdot s$</td>
</tr>
<tr>
<td>luminous intensity</td>
<td>$I_V$</td>
<td>$J$</td>
<td>candela</td>
<td>cd</td>
</tr>
</tbody>
</table>

[\*] SI base units, except for the canonical 'elementary unit' [x]. The following footnotes are canonical comments.

* For the quantities $N_X$, $n_X$, and $Q_{el}$, the entity-type $X$ of the elementary entity $U_X$ has to be specified in the text and indicated by a subscript: $n_{O_2}$, $N_{ce}$, $Q_{el}$.

$ Count$ $N_X$ equals the number of elementary entities $U_X$. In the SI, the quantity 'count' is explicitly considered as an exception: "Each of the seven base quantities used in the SI is regarded as having its own dimension. .. All other quantities, with the exception of counts, are derived quantities" (Bureau International des Poids et Mesures 2019 The International System of Units (SI)). An elementary entity $U_X$ is not a count ($U_X$ is not a number of $U_X$). $N_X$ has the dimension $X$ of a count and $U_X$ has the dimension $U$ of an elementary entity; both quantities have the same abstract unit, the 'elementary unit' [x].

$ Amount$ $n_X$ is an elementary quantity, converting the elementary unit [x] into moles [mol] using the Avogadro constant, $N_A$.

€ Charge is a derived SI quantity. Charge is an elementary quantity, converting the elementary unit [x] into coulombs [C] using the elementary charge, $e$, or converting moles [mol] into coulombs [C] using the Faraday constant, $F$. $z_X$ is the charge number per elementary entity $U_X$, which is a constant for any defined elementary entity $U_X$. $Q_{el} = z_X \cdot F \cdot n_X$